



WA MENTAL HEALTH WEEK 2020



*Strengthening
our Community*

LIVE • LEARN • WORK • PLAY

10-17 OCTOBER

mentalhealthweek.org.au

  #strongertogether @MentalHealthWeekWA



Government of Western Australia
Mental Health Commission



WAAMH

Western Australian Association
for Mental Health



MENTAL HEALTH WEEK



WA Primary
Health Alliance
Stronger Health Together

To:

I wanted to reach out because

I'm here for you.

Do you:

Want to chat?

Need a little help right now?

Just want to grab a coffee?

Message: _____

From:

PLACE
STAMP
HERE
